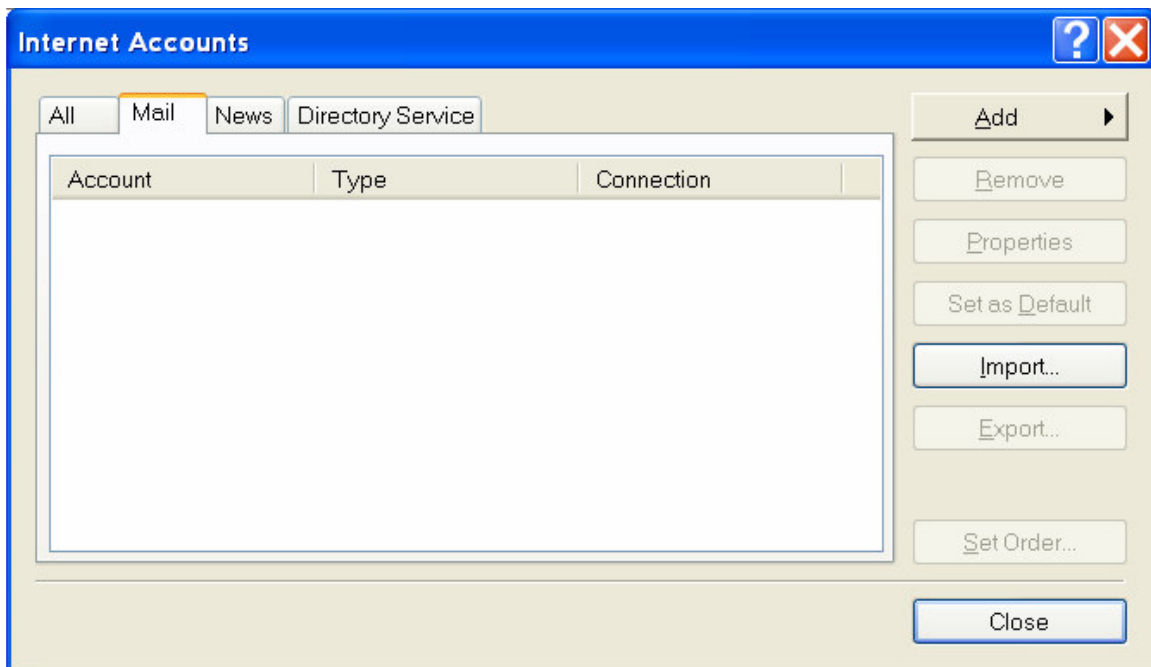
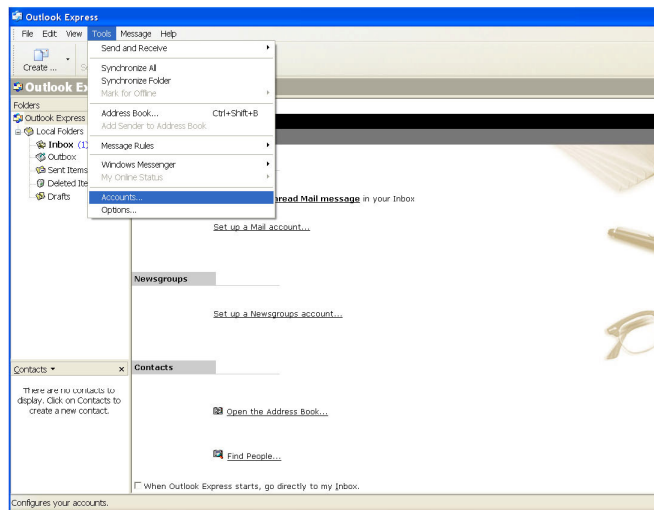
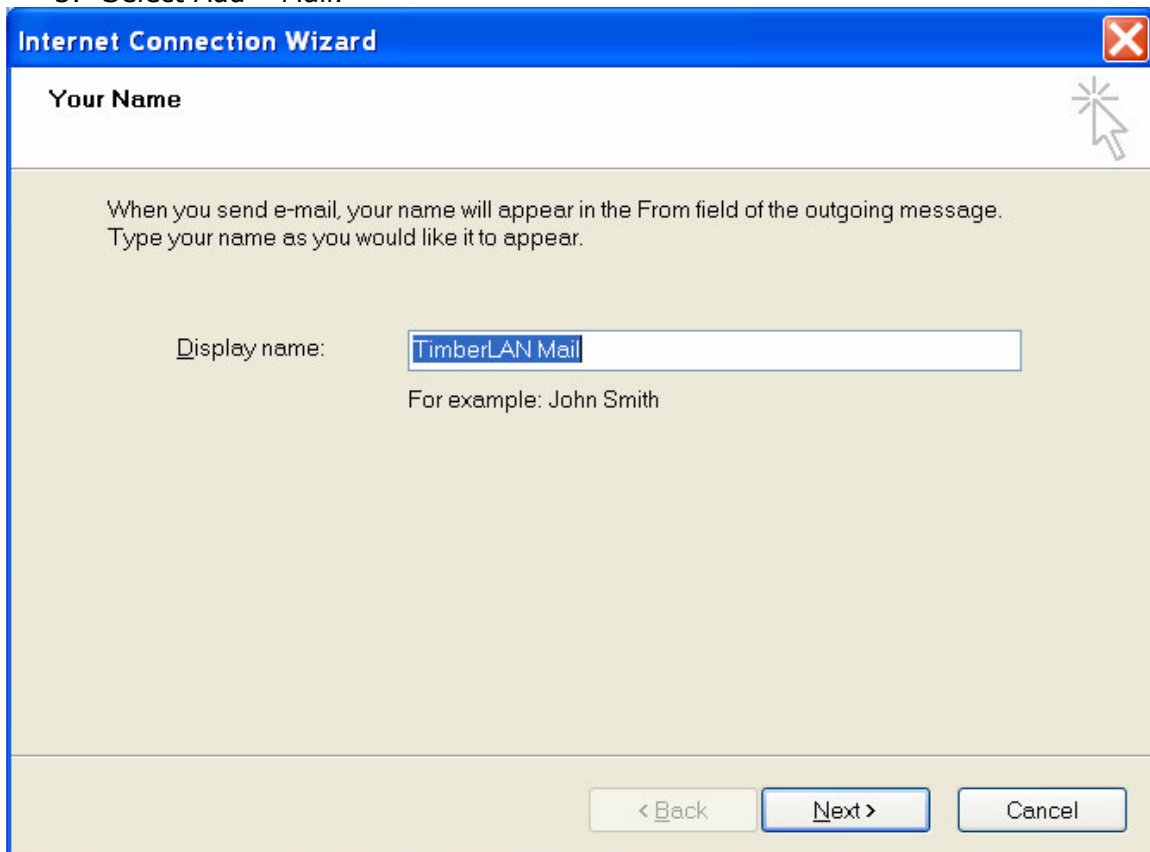


How to setup an Email Account using Microsoft Outlook Express.

1. Open Microsoft Outlook Express.
2. Go to Tools – Accounts.

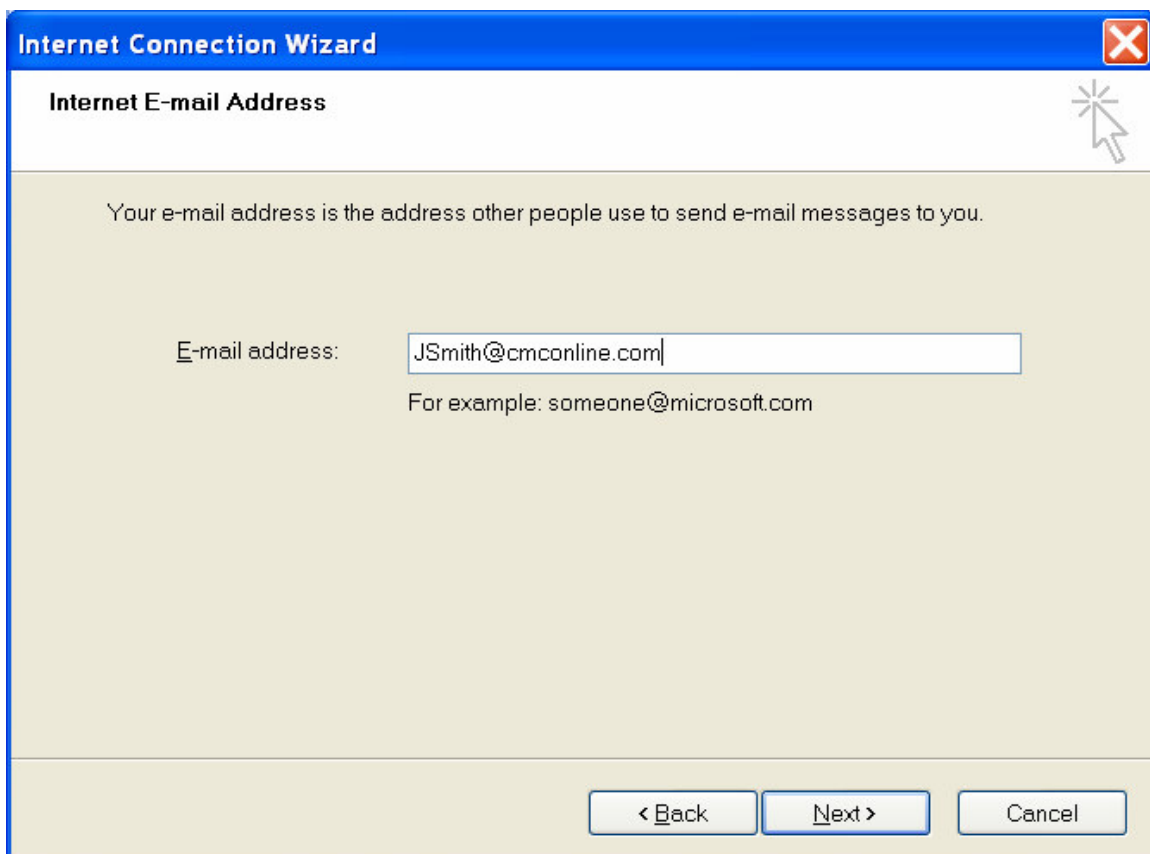


3. Select Add – Mail.



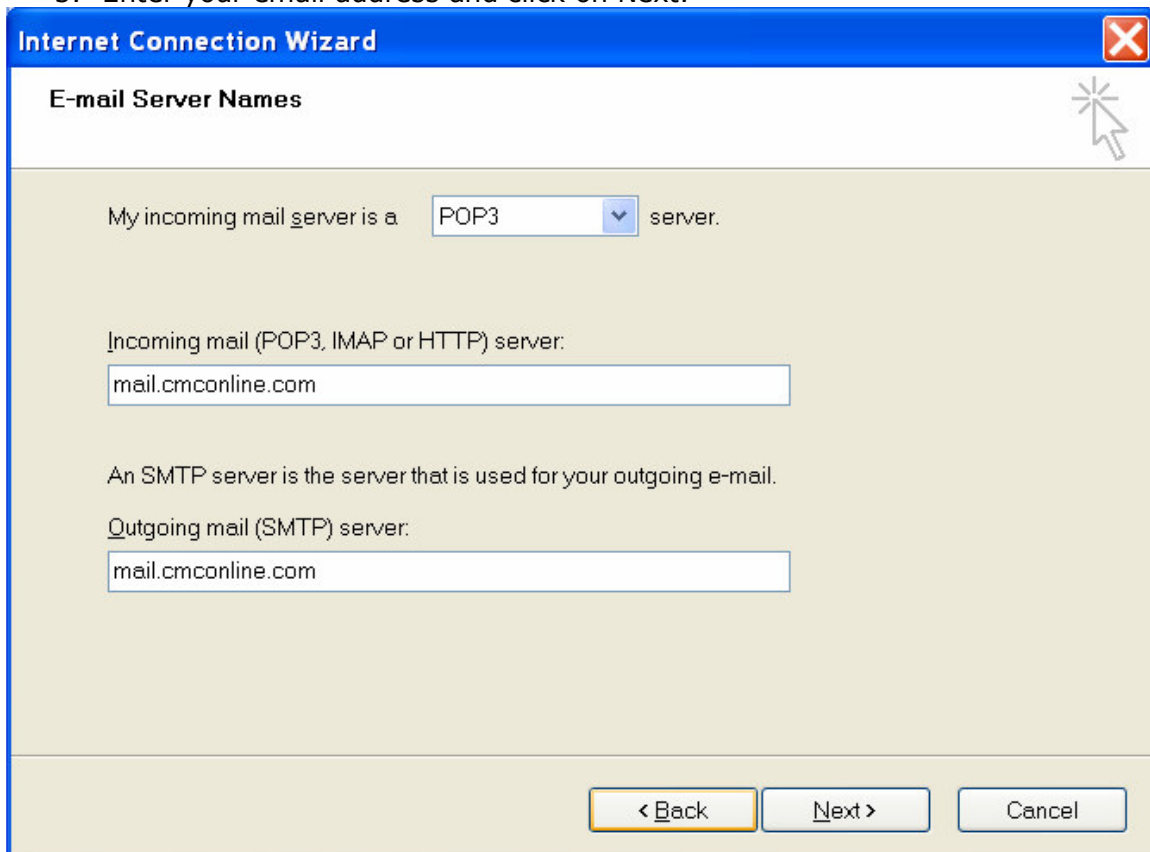
The screenshot shows the 'Your Name' step of the Internet Connection Wizard. The window title is 'Internet Connection Wizard'. The main heading is 'Your Name'. Below the heading, there is a text box with the instruction: 'When you send e-mail, your name will appear in the From field of the outgoing message. Type your name as you would like it to appear.' Below this, the label 'Display name:' is followed by a text input field containing 'TimberLAN Mail'. Underneath the input field, it says 'For example: John Smith'. At the bottom of the window, there are three buttons: '< Back', 'Next >', and 'Cancel'.

4. Enter the display name "TimberLAN Mail" and click on Next.



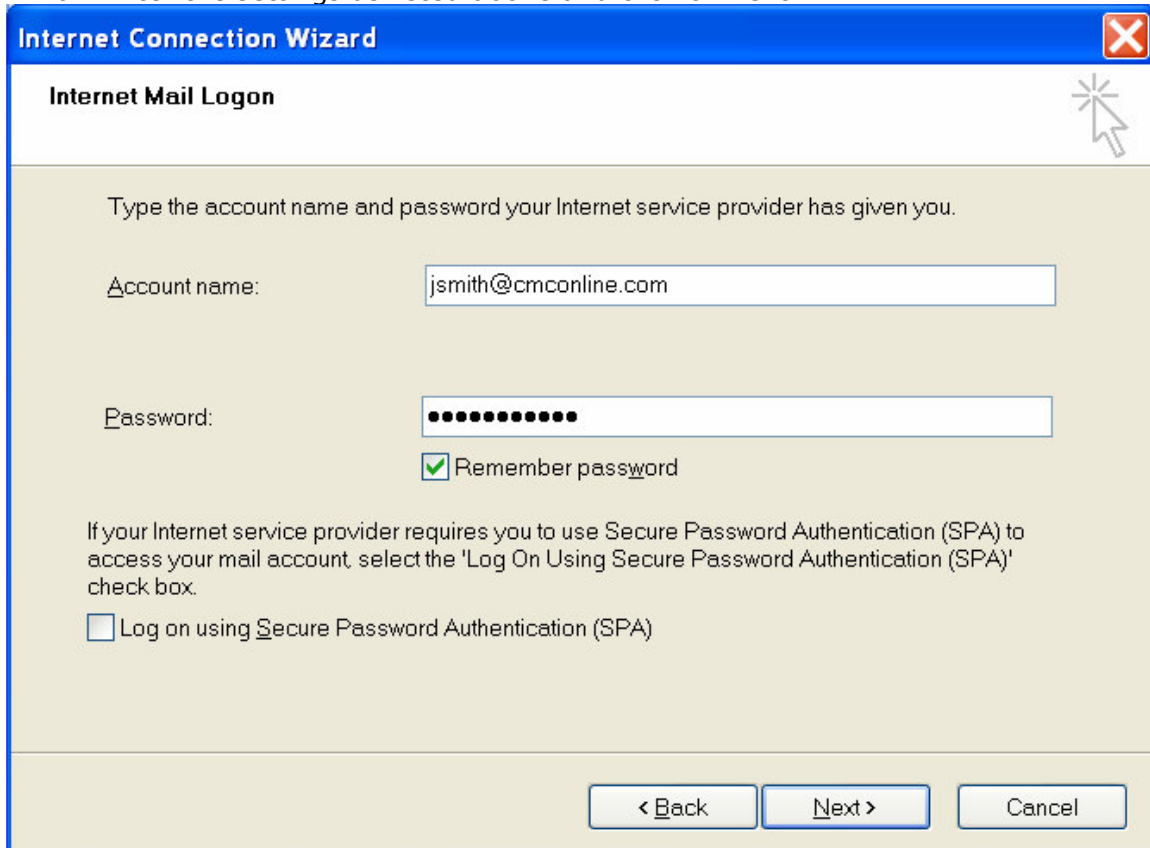
The screenshot shows the 'Internet E-mail Address' step of the Internet Connection Wizard. The window title is 'Internet Connection Wizard'. The main heading is 'Internet E-mail Address'. Below the heading, there is a text box with the instruction: 'Your e-mail address is the address other people use to send e-mail messages to you.' Below this, the label 'E-mail address:' is followed by a text input field containing 'JSmith@cmconline.com'. Underneath the input field, it says 'For example: someone@microsoft.com'. At the bottom of the window, there are three buttons: '< Back', 'Next >', and 'Cancel'.

5. Enter your email address and click on Next.



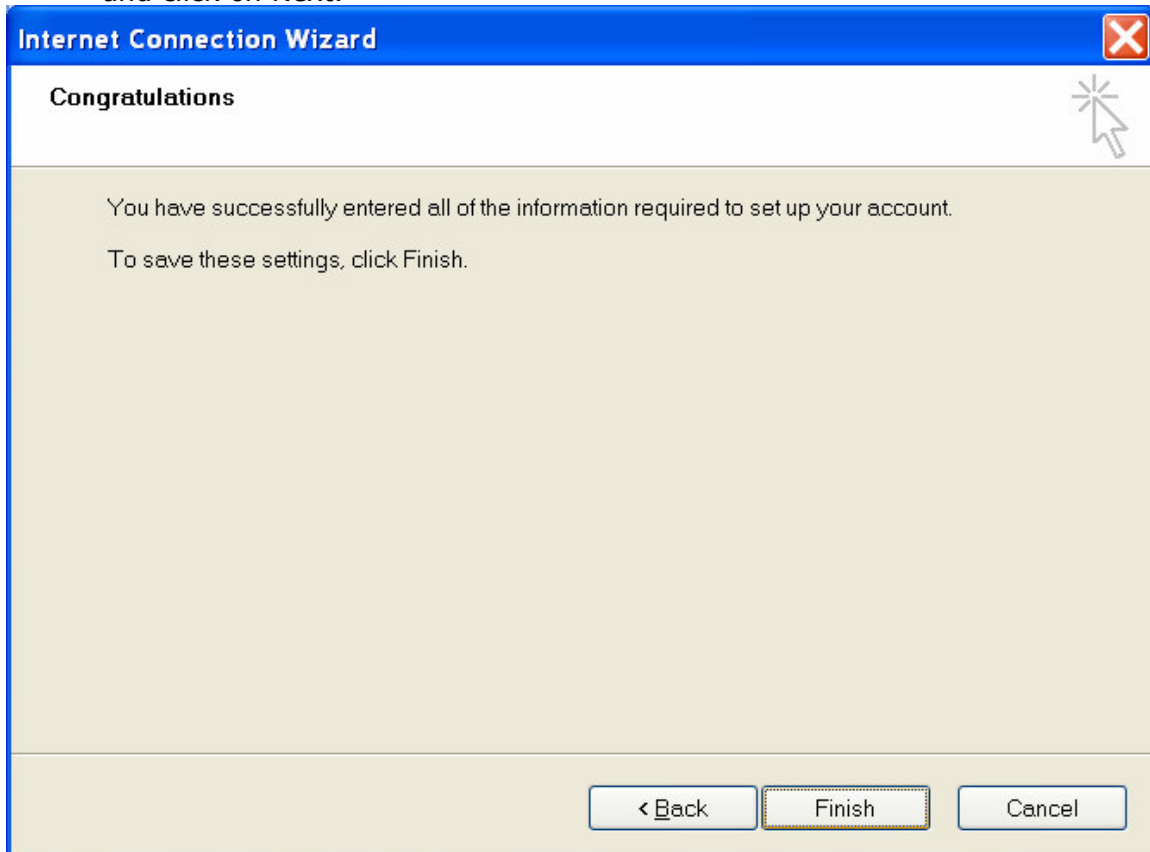
The screenshot shows the 'E-mail Server Names' dialog box in the Internet Connection Wizard. The title bar reads 'Internet Connection Wizard'. The main heading is 'E-mail Server Names'. Below the heading, there is a text field for the incoming mail server type, which is set to 'POP3'. The text reads: 'My incoming mail server is a POP3 server.' Below this, there are two text input fields. The first is labeled 'Incoming mail (POP3, IMAP or HTTP) server:' and contains the text 'mail.cmconline.com'. The second is labeled 'Outgoing mail (SMTP) server:' and also contains 'mail.cmconline.com'. At the bottom of the dialog, there are three buttons: '< Back', 'Next >', and 'Cancel'.

6. Enter the settings as listed above and click on next.

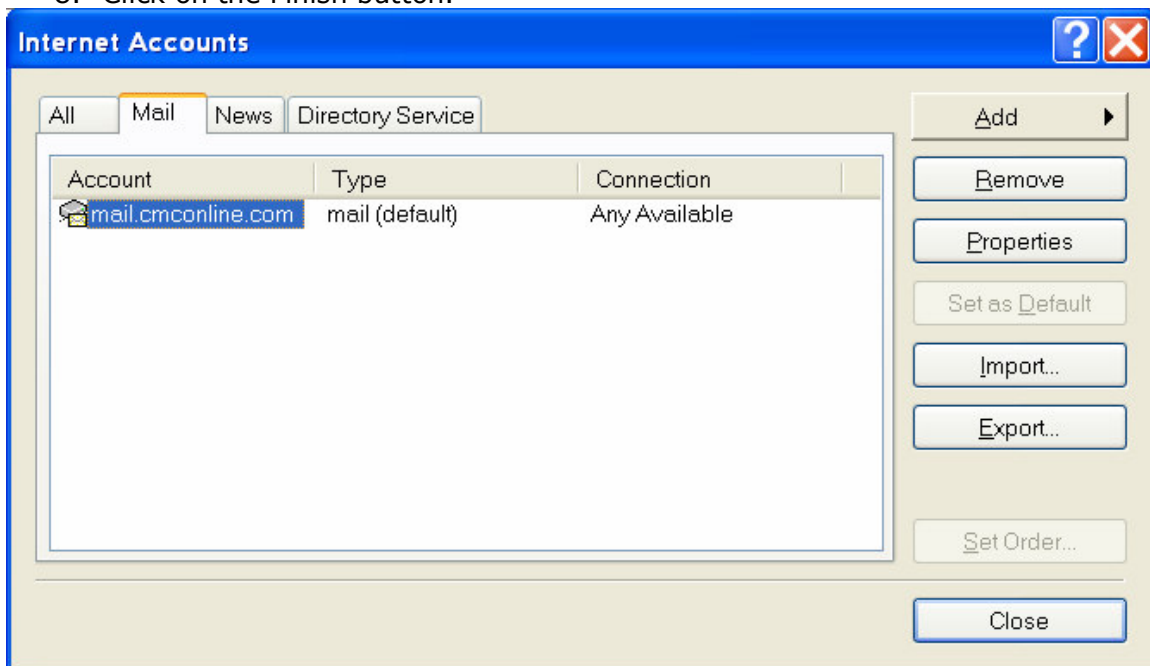


The screenshot shows the 'Internet Mail Logon' dialog box in the Internet Connection Wizard. The title bar reads 'Internet Connection Wizard'. The main heading is 'Internet Mail Logon'. Below the heading, there is a text field for the account name, which contains 'jsmith@cmconline.com'. Below this, there is a password field with ten black dots. Below the password field, there is a checked checkbox labeled 'Remember password'. Below this, there is a paragraph of text: 'If your Internet service provider requires you to use Secure Password Authentication (SPA) to access your mail account, select the 'Log On Using Secure Password Authentication (SPA)' check box.' Below this paragraph, there is an unchecked checkbox labeled 'Log on using Secure Password Authentication (SPA)'. At the bottom of the dialog, there are three buttons: '< Back', 'Next >', and 'Cancel'.

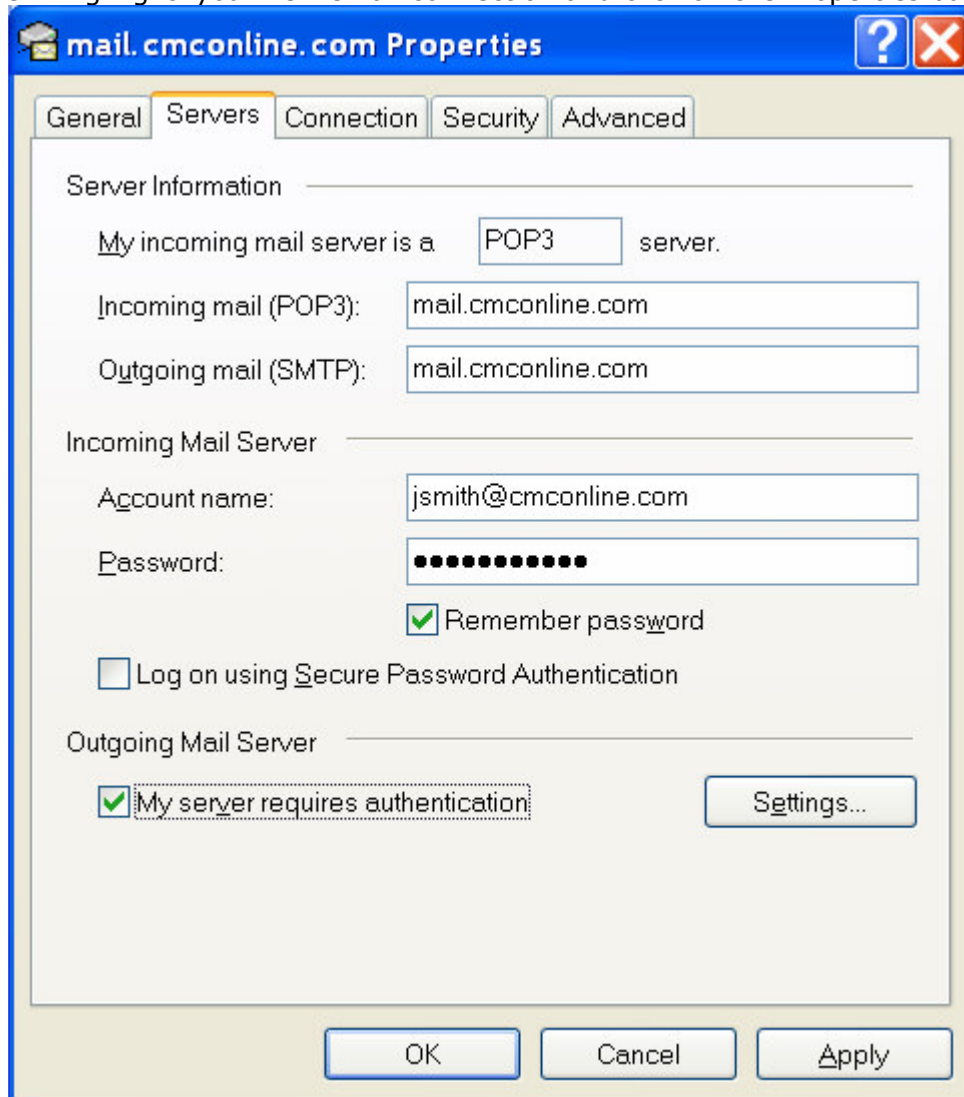
7. Enter your full email address for the Account name box, enter your password, and click on Next.



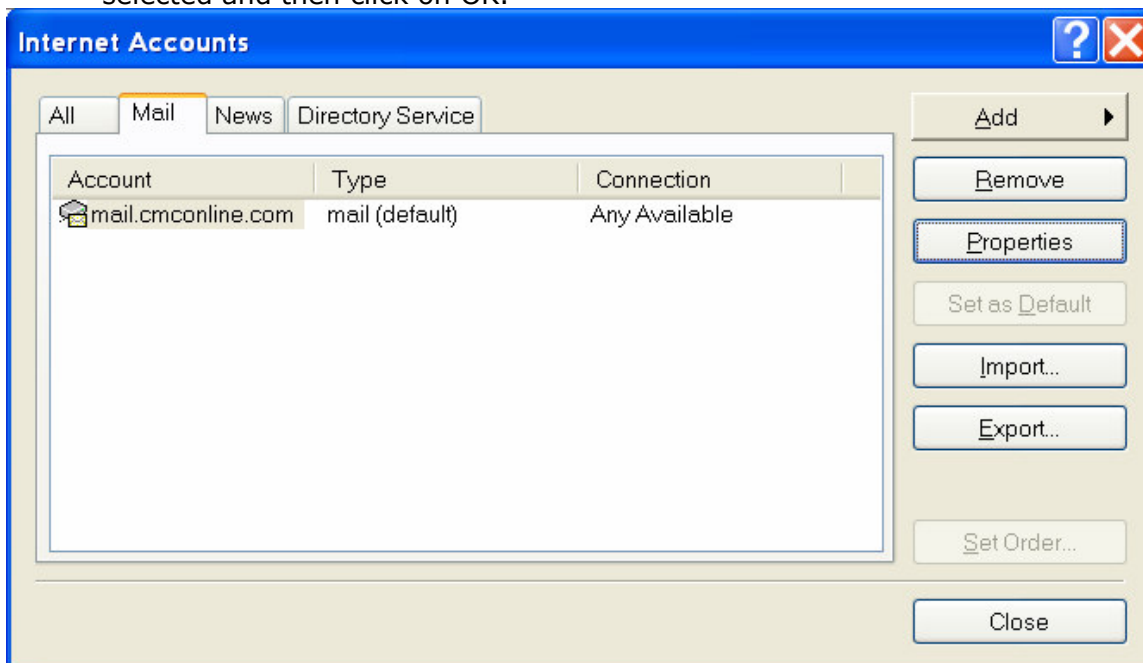
8. Click on the Finish button.



9. Highlight your new email connection and click on the Properties button.



10. On the Servers tab, make sure the box My server requires authentication is selected and then click on OK.



11. Click on the Close button to complete the setup.